

Right-to-Life of the Central Coast *Newsletter*

January 2024

"Dedicated to educating our communities on the sanctity of human life from womb to tomb"



Pro-Life January Brings Talks, Outdoor Displays

Santa Maria Walk Moves to June

January, the Sanctity of Human Life Month, offers special possibilities for churches and individuals to honor God's gift of life.

Along with offering prayers and sermons upholding life, pastors can invite representatives from local pregnancy support centers to speak and bring information about their life-affirming services (please see pregnancy center directory in this issue).

Sanctity of Human Life Sunday will fall on Jan. 21, but special observances honoring life are fitting throughout January, according to Jon Lindgren, head of Right to Life of the Central Coast.

Pastors can arrange with Jon, telephone (805) 478-6359, email liferock777@gmail.com, for a display of 18-inch white crosses in their churchyards memorializing those lost to abortion. He would very much appreciate hearing from anyone who can lend a hand with placing the crosses on Saturdays, Jan. 6, or Jan. 13.



40 Days for Life Saves Babies in Fall Campaign

Hilda Cabal, sidewalk counselor and longtime leader of 40 Days for Life in Santa Maria, reported a successful fall vigil Sept. 27 – Nov. 5 with a record 155 volunteers signed up to take part and at least two lives saved. "Thank you for your prayers, sacrifice, and faithful presence outside Planned Parenthood," was her message to those taking part.

The parent 40 Days for Life organization reported 539 lives saved from abortion during international fall vigils in which volunteers fasted and prayed to protect the unborn, and signed up to pray one hour or more a week outside abortion centers.

As Hilda recounted the stories of two mothers who chose life on the Central Coast during the fall, she also told how past choices for life came to remembrance during the campaign.

Continued Page 3

Continued Page 2



(Continued from page 1)

40 Days for Life Saves Babies

Cecilia

One Monday morning during the campaign outside Planned Parenthood before it opened for the day, Hilda asked to talk with Cecilia (all names of those encountered at the house of death have been changed), who had come for a pregnancy test. Cecilia, a mother of two and estranged from her husband, thought she was pregnant and was considering an abortion but was undecided.

With Hilda's care, she went to the CareNet Pregnancy & Resource Center for a pregnancy test, which was positive, and later visited the center with Hilda for an ultrasound, which showed her baby. Cecilia made a decision for life. CareNet's pregnancy test and ultrasound, like all its services, were free to Cecilia.

Elenda

On one abortion day in the fall, Planned Parenthood declined to do an abortion for Elenda because an ultrasound showed the baby was too far along in its pregnancy. (Yes, the Santa Maria office does observe certain limits.)

After Elenda drove out of the center's parking lot, she stopped to talk with Hilda. Elenda had had problems in a pregnancy two years earlier with her daughter, who was born with a hearing disability. After surgery on her womb, a doctor told her she might have problems in another pregnancy. Elenda was also having marital problems.

Through tears as she talked with Hilda, Elenda realized that God wanted her baby to be born, and was thankful Hilda and the prayer warriors were on hand. Hilda gave Elenda her telephone number and referred her to CareNet and to social worker Beatriz Sanchez, whose Abba's House (www.abbahouseressources.org) provides referrals to resources and agencies that can help people like Elenda.

Florinda

Elenda's story reminded Hilda about a young woman named Florinda who several years ago was declined for an abortion by Planned Parenthood because her blood pressure was too high.

Florinda praised the ministry of veteran pro-life prayer warriors Max and Juanita Paschke. In a letter to them, the young mom wrote: "We have been blessed abundantly, all because you took the time to pray for someone like me, someone who was lost and afraid. Thank you from the bottom of my heart. Thank you!"

Maria

Hilda usually asks people walking past Planned Parenthood what they think of abortion, and during the fall campaign she spoke with Maria, a young woman in her late 20s. Weeping, Maria shared that she had learned of the Planned Parenthood death center from a high school girlfriend whom she had accompanied when the girlfriend had an abortion there at age 14.

Then when Maria was 17, she had an abortion, which she remembered with tears. Hilda gave her information about Rachel's Vineyard, a post-abortion counseling program (www.rachelsvineyard.com), which conducts weekend retreats (for a modest fee) in various cities to provide healing from abortion. (Many pregnancy resource centers provide free post-abortion counseling, and see also our article in this issue on the new Tree of Life Abortion Recovery Center in Atascadero.)

Esme

Another echo of the effect of pro-life warriors came to volunteer Barbara Stewart soon after the beginning of the fall campaign. As Barbara was praying during one of her twice-a-week vigils across from Planned Parenthood, Esme, a woman bicyclist, stopped to tell her story.

Years ago, Esme had come to the death house for a double abortion, but she spoke then with Barbara Murphy, who was praying outside and helped Esme choose life for her twins and helped her with them after they were born. Barbara Murphy passed away two years ago.

Later, Hilda relayed Esme's story to another prayer warrior, Eileen Trujillo, when she arrived for her vigil hour. Eileen, who had not heard Esme's story, declared joyfully, "Barbara [Murphy] was my sister!"

Continued Page 6



"Dedicated to educating our communities on the sanctity of human life from womb to tomb"

(Continued from Page 1)

Pro-Life January

Santa Maria LifeWalk Set for June

One January pro-life tradition, the Santa Maria LifeWalk from City Hall to Planned Parenthood, will be moved to Sunday, June 23, this year. The new date will allow the walk to focus on celebrating a great pro-life victory, the U.S. Supreme Court decision in the Dobbs case rendered June 24, 2022, Lindgren said. The Dobbs ruling overturned the evil Roe v. Wade decision of January 1973, which had mandated legalized abortion across the country.

In addition, rain has hindered LifeWalks for the last two Januarys, and the June date should bring kinder weather, Lindgren said.

Christmas Caroling for Life

About 50 pro-lifers gathered to advocate for innocent life as Christmas approached in Santa Maria by lifting their voices in joyful song and witness to the Lord of Life at the Caroling for Life event on Saturday morning, Dec. 23, across the street from Planned Parenthood, 415 E. Chapel St. This was the second year for the event.

Los Angeles OneLife LA

In Los Angeles, OneLife LA 2024, with the theme "10 Years Together as One," will begin at 11 a.m. Saturday, Jan. 20, with a kick-off event at the Olvera Street Plaza across from Union Station.

An expected 20,000+ walkers will set off at 12:30 p.m. from the Plaza for the L.A. State Historic Park near

Chinatown. The program there will feature speakers, live music, food trucks, and works of mercy. A Mass for the Unborn will conclude the day at 5 p.m. at Our Lady of the Angels Cathedral. More information can be found at www.OneLifeLA.org.

San Francisco West Coast Walk for Life

In San Francisco, pre-walk events for the West Coast Walk for Life on Saturday, Jan. 20, will include a 9:30 a.m. Mass at St. Mary's Cathedral. A Silent No More Awareness Campaign with Georgette Forney and Frank Pavone of Priests for Life is scheduled from 10:45 a.m. to 12:15 p.m. at the Civic Center Plaza. The Plaza will have an array of pro-life information and education booths from 11 a.m. to 12:30 p.m.

The main event program at the Plaza at 12:30 p.m. will have speakers including Lila Rose, founder and president of Live Action; Kaya Jones, a singer, songwriter, producer, and Grammy Award winner, who will tell of the tragedies abortion brought to her life and her journey of healing; Dr. Kimberly Henkel, adoption and foster care advocate, founder and executive director of the Springs of Love ministry; and the Rev. Clenard Howard Childress Jr., a veteran pro-life warrior in the black community.

At about 1:30 p.m., an expected 50,000+ participants will start a trek two miles down Market Street to the Ferry Building. Information can be found at www.walkforlifewc.com.





Tree of Life Opens Abortion Recovery Center in Atascadero

Pregnancy resource centers do everything they can to protect innocent lives in the womb. Tragically, abortions occur anyway, and it is sometimes easy to forget that every abortion claims more than one victim—besides the baby, there are the mother, often pressured or deceived into making a tragic decision, and the father as well.

Most women who have suffered an abortion come to have a sense of guilt or loss, but, "You can't say for sure when it's going to come to the surface," says Bonnie Alvarado, director of the new Tree of Life Abortion Recovery Center in Atascadero.

Some mothers have immediate regret after an abortion; for others, the emotional pain from abortion may take as long as 30 years to make itself known. That pain can take a variety of forms, ranging from guilt and anxiety to depression, psychological numbing, flashbacks, child-bearing or child-rearing problems, drug and alcohol abuse, and even self-harm, she says.

An Innovative Place for Healing

Many pregnancy resource centers, such as those listed in the directory in this newsletter, offer free post-abortion counseling, but the Tree of Life Abortion Recovery Center in Atascadero is highly unusual in being a separate unit from the Tree of Life Pregnancy Resource Center in Atascadero.

Although the Abortion Recovery Center is in the same building as the pregnancy resource center and shares its telephone number (7730 Morro Road, (805) 543-6000), it has its own suite (Suite 102) and its own website (www.treeoflifearc.com)



Bonnie Alvarado, director of the new Tree of Life Abortion Recovery Center – "God just kind of set those things in motion [for us]. We've had an amazingly positive response!"

Having a separate, dedicated location for the Abortion Recovery Center gives increased visibility, helps people recognize the need for post-abortion help, and aims to encourage those in need of help to reach out and take the first step. It's often hard to do that, Miss Alvarado knows, but the center provides a safe place for it.

It's free, confidential program consists of 10 to 12 weeks of counseling, most often 1 to 1, emphasizing healing that recognizes "the unique emotions that come post-abortion."

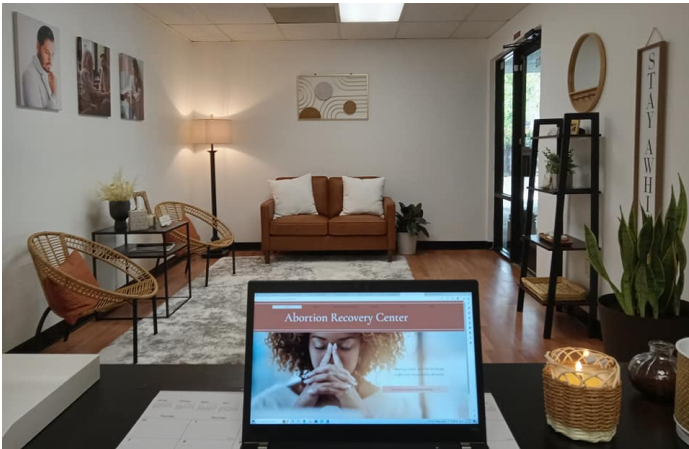
Continued Page 5



"Dedicated to educating our communities on the sanctity of human life from womb to tomb"

(Continued from Page 4)

Innovative Tree of Life Center Dedicated to Abortion Recovery Opens Doors in Atascadero



It seeks to bring hope and restoration using biblically based principles. Help can be offered not only to mothers, but also to other family members, including fathers, grandparents, and siblings of aborted children.

In God's Timing

Miss Alvarado, who has recovered from abortion herself, had been thinking and praying about opening a separate recovery center with Tree of Life Executive Director Pamela Johnson when a vacant suite opened in the Atascadero building. "God just kind of set those things in motion," she says. In her preparatory research, she found only one existing dedicated abortion recovery center, which was in Canada.

Because the Atascadero center, which opened in April, was so innovative, Tree of Life took "bold and aggressive" steps to publicize it, advertising in local newspapers, on the radio, on social media, in a local theater, and even on billboards. "We've had an amazingly positive response," Miss Alvarado said.

Garden of Life

Tree of Life also operates pregnancy resource centers in Paso Robles and San Luis Obispo. The Paso Robles center has been innovative as well - opening in 2021 the Garden of Life on its site to memorialize unborn children lost to abortion, miscarriage, or stillbirth.

It is "a location of solace and peace," for rest, reflection, and prayer, and is open during normal business hours, 9 a.m. to noon Monday through Thursday, or by appointment, for those who have suffered such a loss.

People interested in services of the Atascadero Abortion Recovery Center may telephone (805) 543-6000, or make contact through the website, www.treeoflifearc.com. Regular hours are 1 to 5 p.m. Monday, Wednesday, and Thursday.





"Dedicated to educating our communities on the sanctity of human life from womb to tomb"

Head of Pro-Life Group Targeted by AG Bonta to Speak at Lompoc Banquet



Jor-El Godsey, president of Heartbeat International, which supports a broad network of pro-life agencies and is reportedly under attack by California Attorney-General Rob Bonta for seeking to protect innocent life, will speak at the Pregnancy and Parenting Support Center of the Santa Inez Valley's annual Life Banquet fund-raiser on Monday, Jan. 22, at the Hilton Garden Inn in Lompoc.

Columbus, Ohio-based Heartbeat International has as affiliates more than 3000 pregnancy help centers, including the Lompoc center, maternity homes, and adoption services worldwide.

Heartbeat International reports it has learned from interview requests that Bonta intends to sue to block it from "advertising Abortion Pill Reversal as safe and effective." However, as of September, Heartbeat had not been served with legal papers.

Heartbeat offers a dedicated telephone line, (877) 558-0333, to refer women who have taken the first abortion pill and want a second chance to save their baby to doctors who can help. Heartbeat cites studies

finding that therapeutic doses of the hormone progesterone, which the body naturally secretes to preserve pregnancy, are safe and in up to 80% of the time are effective in protecting the baby in the womb when administered within 72 hours of taking the initial abortion drug.

The Lompoc Center continues to seek pro-life volunteers to serve clients and help teach classes for expectant and new parents. For information on attending the banquet or volunteering, please call the center, (805) 735-2353, or e-mail LompocPSC@gmail.com.

40 Days for Life Saves Babies

(Continued from Page 2)

Spring Campaign Feb. 14-March 24

The spring campaign for 40 Days for Life will take place Feb. 14 through March 24. People who would like to take part in the vigil (or pray anytime) outside Planned Parenthood may get in touch with one of the Central Coast campaign leaders:

Santa Maria – Hilda Cabal, (530) 340-1464, santamaria40daysforlife@gmail.com.

San Luis Obispo – Kirt and Katie Collins, (805) 801-5680, kirt.katiecollins@gmail.com.

For other areas, check "Locations" at www.40daysforlife.com.





In Other Stories

LifeLine in Grover Beach Announces Two Fund-Raisers

LifeLine Pregnancy Center in Grover Beach has announced two fund-raising events for 2024.



The center will be undertaking its annual Baby Bottle Boomerang starting Jan. 21, distributing baby bottles through partnering churches to donors who can fill them with change or cash and return them to benefit the center.

On Friday, April 26, the center will sponsor its Swing for Life golf tournament at Cypress Ridge Golf Course in Arroyo Grande.

For information on either event, people may call the center, (805) 481-4987.

CareNet in Santa Maria Moves Banquet to April

CareNet Pregnancy and Resource Center of Santa Maria has changed its annual fund-raising banquet to the spring, and will hold it Thursday, April 11, at the

First Christian Church. Those interested in being a table host or attending may get in touch with the CareNet executive director, Christina Soltan, christina@carenet-sm.com, or telephone the center, (805) 928-9285.

The center plans to hold volunteer training the week of Feb. 26. Potential board members and client advocates are being sought, and bilingual volunteers are especially needed. Interested people may get in touch with Executive Director Christina Soltan.

CareNet also reminds golfers that its annual Golf-Fore-Life event will be Saturday, August 24, at



Rancho Santa Maria. The 2023 tourney was moved to August from April, and was a great success with the largest number of golfers (92) and sponsors in the event's 16-year history, Mrs. Soltan said.



Our Group and Newsletter



The purpose of Right to Life of the Central Coast is to defend the sanctity of life at all ages and stages. We support providers of pro-life services for those in need, engage in life-affirming education, and fight for truth against societal and spiritual enemies of the sanctity of life.

Right to Life of the Central Coast is a nonprofit 501(c)3 pro-life organization supported by voluntary donations and fund-raising events. To make a tax-deductible donation, please mail your check to Right to Life of the Central Coast, 431 E. Church St., #A, Santa Maria, CA 93454.

If you have information about pro-life activities or events for this newsletter or e-mail addresses of new subscribers, please e-mail the editor, Hunter Jameson, htjameson@verizon.net.

Dick and Diane McGreevy Scholarship Fund

In July, our organization started the Dick and Diane McGreevy Scholarship Fund when this couple who have dedicated themselves to protecting innocent lives and serving God retired from day-to-day activities. The fund provides financial help to young people to attend training and conferences sponsored by pro-life groups. To give specifically to the fund, please note that on your check.

Points for Prayer

- **Thank God for the birth of Jesus Christ**, the Lord and giver of life.
- **Thank God that the U.S. Supreme Court overturned** *Roe v. Wade* by the *Dobbs* decision on June 24, 2022, and removed the curse of governmentally decreed nationalized legalized abortion in the United States.
- **Pray that the Lord will change as necessary the hearts** of mothers, fathers, citizens, and legislators to honor the sacredness of life and protect unborn babies throughout the entire range of pregnancy.
- **Pray for courage, protection, and success** for individuals and groups, including churches and pregnancy resource centers, that proclaim and work to protect the preciousness of all human life formed in the image of God.
- **Pray for an infusion of Jesus's love** to change the hearts of those who are indifferent to or who oppose protecting lives in the womb.
- **Pray that a culture that honors life** will replace a culture of death in California.
- **Pray that the Holy Spirit will bring a sweeping revival and awakening** to our country that will revive the historic covenant of our settlement and founding that this land will be devoted to biblical and godly principles at home and proclamation of the gospel throughout the world.

**Be joyful in hope, patient in affliction, faithful in prayer.
(Romans 12:12)**



Coming Events



Saturday, Dec. 23 – Christmas caroling across the street from Planned Parenthood, 415 E. Chapel Street, Santa Maria, 11 a.m. All are welcome to join.

2024 Calendar

January – Sanctity of Human Life Month. Contact your nearest pregnancy support center to arrange for speakers and information tables.

January – White Cross Memorial Displays place 18-inch white crosses on church lawns in memory of babies lost to abortion. Telephone Jon Lindgren, (805) 478-6359, or e-mail liferock777@gmail.com to volunteer to help on Jan. 6 and Jan. 13 or for more information.

Friday, Jan. 19 – 51st National March for Life, “With Every Woman, For Every Child,” Washington, D.C.

Saturday, Jan. 20 – OneLife LA 2024, “10 Years Together as One,” starts at 11 a.m. at Olvera Street Plaza in Los Angeles with walk beginning at 12:30 p.m. See Pro-Life January article in this newsletter or visit www.OneLifeLA.org.

Saturday, Jan. 20 – West Coast Walk for Life 2024 in San Francisco starts at 12:30 p.m. with rally at Civic Center Plaza. See Pro-Life January article in this newsletter or visit www.walkforlifefwc.com.

Sunday, Jan. 21 – Sanctity of Human Life Sunday. For more information, see Pro-Life January article in this newsletter.

Sunday, Jan. 21 – Annual Baby Bottle Boomerang benefit begins for LifeLife Pregnancy Center, Grover Beach. See article in this issue.

Monday, Jan. 22 – 2024 Life Banquet fund-raiser for the Pregnancy & Parenting Support Center of Lompoc and the Santa Inez Valley. See article in this issue. For information, call the center, (805) 735-2353.

Sunday, Jan. 28 – Annual Barbecue for Life fund-raiser for Right to Life of Central Coast, pick up tri-tip lunch to go, \$10, 11 a.m., Calvary Chapel, 2620 Santa Maria Way, Santa Maria.

Wednesday, Feb. 14-Sunday, March 24 – Spring 40 Days for Life campaign; opportunity to volunteer with area coordinators listed in this issue or through national 40 Days for Life, www.40daysforlife.com.

Week of Feb. 26 – Volunteer training, CareNet Pregnancy and Resource Center, Santa Maria. For information, call (805) 928-9285.

Thursday, April 11 – Annual Fund-raiser Banquet for CareNet of Santa Maria. To be a table host or for details, call the center, (805) 928-9285.

Monday, April 22 – Kyle Mann, editor in chief of the *Babylon Bee*, provides a program of “light and laughter” at a fund-raiser for Network Medical Women’s Center, Granada Theatre, Santa Barbara. For information, call the center, (805) 967-9096.

Friday, April 26 – Swing for Life, annual golf tournament at Cypress Ridge Golf Course, Arroyo Grande, benefiting LifeLife Pregnancy Center of Grover Beach. For information, call (805) 481-4987.

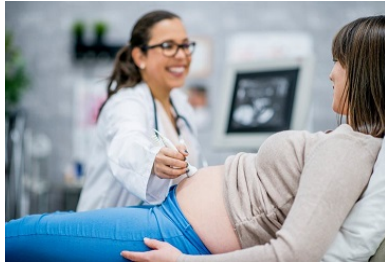
Sunday, June 23 – Santa Maria LifeWalk 2024 event starts at 2 p.m. at City Hall Courtyard.

Saturday, Aug. 24 – Golf-Fore-Life, annual CareNet of Santa Maria golf tournament, Rancho Maria. For information, call (805) 928-9285.



"Dedicated to educating our communities on the sanctity of human life from womb to tomb"

Pregnancy Resource Centers



Pregnancy Resource Centers provide some or all of these services, nearly always free of charge: pregnancy tests, ultrasounds, prenatal and parenting counseling and classes, adoption information, community referrals, baby and maternity clothing and supplies, and post-abortion support.

Atascadero

Tree of Life Pregnancy Support Center, 7730 Morro Road, Suite 106, (805) 543-6000;
www.treeoflifepsc.com

Tree of Life Abortion Recovery Center, 7730 Morro Road, Suite 102, (805) 543-6000.
www.treeoflifefearc.com

Grover Beach

LifeLine Pregnancy Center, 200 S. 13th St., Suite 105, (805) 481-4987,
www.lifelinepregnancycenter.org

Lompoc

Pregnancy & Parenting Support Center, 1137 N. H St., Suite K, (805) 735-2353,
www.facebook.com/LompocPPSC

Ojai

Life Choices Pregnancy Clinic, 1320 Maricopa Hwy, Suite C, (805) 646-6830, www.ojailifechoices.org

Paso Robles

Tree of Life Pregnancy Support Center, 211 Oak Hill Road, Suite 118, (805) 543-6000,
www.treeoflifepsc.com

San Luis Obispo

Tree of Life Pregnancy Support Center, 1329 Chorro St., (805) 543-6000,
www.treeoflifepsc.com

Santa Barbara

Network Medical Women's Center, 185-C S. Patterson Ave., (805) 967-9096,
www.networkmedical.org

Santa Maria

CareNet Pregnancy & Resource Center, 201 S. Miller, Suite 101, (805) 928-9285,
www.carenetsm.com

Ventura

Life Centers of Ventura County, 4601 Telephone Road, Suite 107, (805) 486-2721,
www.vclifecenters.com

Abortion Pill Reversal

Abortion Pill Rescue Network, (877) 558-0333 (anytime), www.abortionpillreversal.com

Maternity Home

Villa Majella of Santa Barbara, (805) 683-2838,
www.villamajella.org

Adoption Services

Family Connections Christian Adoptions, 1540 Marsh St., Suite 130, San Luis Obispo, (805) 542-9084, www.fcadoptions.org

Lifetime Adoption Center, (800) 923-6784,
www.LifetimeAdoption.com

Adoption Network Law Center, (800) 367-2367,
www.adoptionnetwork.com



Pro-Life Websites

Abby Johnson www.abbyj.com

Alliance Defending Freedom www.adflegal.org

American Life League www.all.org

And Then There Were None
<https://abortionworker.com>

California Family Council www.californiafamily.org

California Pro-Life Council www.californiaprolife.org

Californians for Life www.californiansforlife.org

CareNet (national) www.care-net.org

Created Equal www.createdequal.org

Family Research Council www.frc.org/life
Excellent resources for making the case for life,
including to secular and pro-choice people.

40 Days for Life www.40daysforlife.org

Heartbeat International
www.heartbeatinternational.org

Life Decisions International
www.fightpp.org

Life Legal Defense Foundation
www.lifelegaldefensefoundation.org

Life News www.lifenews.com

Lutherans for Life www.lutheransforlife.org

National Right to Life Committee www.nrlc.org

Operation Rescue www.operationrescue.org

Presbyterians Protecting Life www.ppl.org

Priests for Life www.priestsforlife.org

Students for Life of America www.studentsforlife.org

U.S. Conference of Catholic Bishops
www.usccb.org/prolife



"Dedicated to educating our communities on the sanctity of human life from womb to tomb"

Legislator Telephone Information



Gov. Gavin Newsom – Sacramento, (916) 445-2841

Sen. Monique Limon, 19th District – Sacramento,
(916) 651-4019; Santa Barbara, (805) 965-0862

Sen. John Laird, 17th District
Sacramento, (916) 651-4017;
San Luis Obispo, (805) 549-3784

Assemblywoman Dawn Addis, 30th District
Sacramento, (916) 319-2030;
S.L.O., (805) 549-3001

Assemblyman Gregg Hart, 37th District –
Sacramento, (916) 319-2037;
S.B., (805) 564-1649



President Joseph R. Biden
Washington, D.C., (202) 456-1111

Sen. Laphonza Butler
D.C., (202) 224-3841;
Los Angeles, (310) 914-7300;
Fresno, (559) 485-7430

Sen. Alex Padilla
D.C., (202) 224-3553;
Los Angeles, (310) 231-4494;
Fresno, (559) 497-5109

Rep. Salud Carbajal, Dist. 24
D.C., (202) 225-3601;
S.B., (805) 730-1710;
S.L.O., (805) 546-8348

Rep. Julia Brownley, Dist. 26
D.C., (202) 225-5811;
Oxnard, (805) 379-1779

PSALM 139: 7, 13-14

⁷ Where can I go from your Spirit? Where can I
flee from your presence?

¹³ For you created my inmost being; you knit me
together in my mother's womb.

¹⁴ I praise you because I am fearfully and
wonderfully made; your works are wonderful; I
know that full well.